



# **COMMONWEALTH of VIRGINIA**

DEPARTMENT OF EDUCATION

P.O. Box 2120

Richmond, Virginia 23218-2120

SNP Memo #08-09-02

TO: Directors, Supervisors and Contact Persons, Addressed

FROM: Lynne A. Fellin, Associate Director  
School Nutrition Programs

DATE: September 10, 2008

SUBJECT: *Healthy Virginians/Healthy Students Week* – September 15-19, 2008

The second annual *Healthy Virginians/Healthy Students Week* will be observed next week. At the summer managers' workshops each participant was asked to develop a plan for a promotion to be held during the week, with an emphasis on promoting the consumption of fruits and vegetables. We encourage you to follow-up with your managers to learn more about what they have planned and to assist with recognizing this special event. The promotional calendar and September 2008 activity sheet can be found in *The Competitive Edge – Increasing Participation* section of the workshop materials; it is in Handout K and Activity 14.

Attached is a brief survey of activities held in observation of *Healthy Virginians/Healthy Students Week*. You may send the form to each school or you may complete one for the division. Provide details of any activities conducted in your schools and return the form(s) by e-mail to the assigned school nutrition specialist. Please submit no later than September 30. We will share your activities with other school divisions as well as our Healthy Virginians partners.

If there are questions or additional information is needed, please contact the school nutrition program specialist assigned to the division, or Lynne Fellin, at (804) 225-2074.

LAF/ec

## Healthy Virginians Week Activities

September 15-19, 2008

Division: \_\_\_\_\_

School: \_\_\_\_\_

SNP Director : \_\_\_\_\_

SNP Manager: \_\_\_\_\_

Directions: Record below the activities and/or promotions conducted during Healthy Virginians Week for both Nutrition and Physical Activity.

Day	Nutrition	Physical Activity
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		